Cell type-specific genetic regulation of gene expression across human tissues



Outline

- Background
- Results
 - Identifying cell types in silico in bulk tissue
 - Mapping cell type-interaction eQTLs and sQTLs
 - Cell type ieQTLs contribute to tissue specificity
 - GWAS and tissue-specific eQTLs and sQTLs
- Summary

Science

Contents -

News 🚽

Careers -

Journals 👻

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Kim-Hellmuth, S. et al. Science 369, (2020).

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RESEARCH ARTICLE

HUMAN GENOMICS

Cell type–specific genetic regulation of gene expression across human tissues

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Scientific question

• **Existing problem:** the functional characterization of QTLs has been limited by the heterogeneous cellular composition of GTEx tissue samples

• **Question:** how to uncover the cellular specificity of regulatory effects underlying complex traits?

Background

Background

- The GTEx projects study the genetic regulation of the transcriptome
- The GTEx Consortium has built an extensive catalog of expression and splicing quantitative trait loci in cis (cis-eQTLs and cis-sQTLs, respectively) across a large range of tissues
- These exist many *in silicon* cell type deconvolution methods for estimating cell type abundance in bulk RNA sequencing data
- The single-cell RNA sequencing methods are not yet scalable to sample sizes and coverage sufficient to achieve power comparable with that of bulk eQTL studies

Identifying cell types in silico in bulk tissue

Aran et al. Genome Biology (2017) 18:220 DOI 10.1186/s13059-017-1349-1

Genome Biology

METHOD

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Dvir Aran^{*}, Zicheng Hu and Atul J. Butte^{*}

The xCell development pipeline

• Identify gene signatures for each cell type and then calculate enrichment scores for bulk datasets



Detection of cell type-specific effects on gene expression

 One sentence summary: The enrichment of seven cell types is calculated across GTEx tissues, enabling mapping of cell type-interaction QTLs for expression and splicing by testing for significant interactions between genotypes and cell type enrichments, and linking these QTLs to complex trait associations enables discovery of >50% more colocalizations compared with standard QTLs and reveals the cellular specificity of traits.



Illustration of 43 cell type-tissue pairs included in this work

• Cell types with median xCell enrichment score >0.1 within a tissue were used



Summary of tissues used in this work

Tissue	Abbreviation	Tissue	Abbreviation
Adipose - Subcutaneous	ADPSBQ	Heart - Atrial Appendage	HRTAA
Adipose - Visceral (Omentum)	ADPVSC	Heart - Left Ventricle	HRTLV
Brain - Amygdala	BRNAMY	Kidney - Cortex	KDNCTX
Brain - Anterior cingulate cortex (BA24)	BRNACC	Liver	LIVER
Brain - Caudate (basal ganglia)	BRNCDT	Lung	LUNG
Brain - Cerebellar Hemisphere	BRNCHB	Minor Salivary Gland	SLVRYG
Brain - Cerebellum	BRNCHA	Muscle - Skeletal	MSCLSK
Brain - Cortex	BRNCTXA	Pancreas	PNCREAS
Brain - Frontal Cortex (BA9)	BRNCTXB	Pituitary	PTTARY
Brain - Hippocampus	BRNHPP	Prostate	PRSTTE
Brain - Hypothalamus	BRNHPT	Skin - Not Sun Exposed (Suprapubic)	SKINNS
Brain - Nucleus accumbens (basal ganglia)	BRNNCC	Skin - Sun Exposed (Lower leg)	SKINS
Brain - Putamen (basal ganglia)	BRNPTM	Small Intestine - Terminal Ileum	SNTTRM
Brain - Spinal cord (cervical c-1)	BRNSPC	Stomach	STMACH
Brain - Substantia nigra	BRNSNG	Thyroid	THYROID
Breast - Mammary Tissue	BREAST	Vagina	VAGINA
Colon - Transverse	CLNTRN	Whole Blood	WHLBLD
Esophagus - Mucosa	ESPMCS		

Mapping cell type-interaction eQTLs and sQTLs

Mapping cell type-interaction eQTLs and sQTLs

 Cell type-interaction QTLs: cis-eQTLs and cis-sQTLs whose effect varies depending on the enrichment of the cell type



An example of cell type ieQTL

• The CNTN1 eQTL effect in skin unexposed to the Sun is associated with keratinocyte abundance $(P = 4.1 \times 10^{-19})$



The eQTL for CNTN1 is most strongly observed in samples with high keratinocyte enrichment



An example of cell type isQTL

• The *TNFRSF1A* sQTL effect in whole blood is associated with neutrophil abundance but is only detected in samples with lower neutrophil abundances ($P = 6.7 \times 10^{-78}$).



The eQTL for *TNFRSF1A* is only observed in samples with low neutrophil enrichment



Correlation between ieQTL effects and cell type enrichment scores

- The QTL effect of ieQTLs and isQTLs can increase or decrease as a function of cell type enrichment
- 56% are positive, 19% are negative
- ieQTL examples that are either positively (left) or negatively (middle) correlated with cell type estimates, or where cell type correlation is uncertain (right)



Caution

These cell type iQTLs pinpoint the cellular specificity of QTLs that might not necessarily be specific to the tested cell type but may also capture QTL effects of correlated (or anticorrelated) cell types.

The identification of ieQTL and isQTL is robust to cell type deconvolution method

- Neutrophil ieQTL mapping using xCell estimates vs. CIBERSORT estimates
- Each dot corresponds to the p-value of the top-associated variant per gene



Cell type ieQTLs contribute to tissue specificity

ieQTLs for one cell type were generally not ieQTLs for other cell types



Cell type ieQTLs contribute to cis-eQTL tissue specificity

- The coefficients represent the log(odds ratio) that an eQTL is active in a replication tissue given a predictor
- Bars represent the 95% confidence interval



OR: odds ratio

Examples of adipocytes and keratinocytes

- The coefficients represent the log(odds ratio) that an eQTL is active in a replication tissue given a predictor
- Bars represent the 95% confidence interval



Examples of adipocytes and keratinocytes

- The coefficients represent the log(odds ratio) that an eQTL is active in a replication tissue given a predictor
- Bars represent the 95% confidence interval



Comparison of tissue specificity of cell type ieQTLs and eQTLs (Epithelial cell)

 The authors used two cell types with ieQTLs mapped in >10 tissues (16 tissues for epithelial cells and 13 for neurons) to examine the sharing patterns of cell type ieQTLs across tissues



Comparison of tissue specificity of cell type ieQTLs and eQTLs (Neuron)

 The authors used two cell types with ieQTLs mapped in >10 tissues (16 tissues for epithelial cells and 13 for neurons) to examine the sharing patterns of cell type ieQTLs across tissues



GWAS and tissue-specific eQTLs and sQTLs

Summary of 87 GWAS traits studies in this work

Eosinophil_Count	Birth_Weight	Depressive_Symptoms	Ankylosing_Spondylitis_UKBS	Heart_Attack_UKB
Granulocyte_Count	Intracraneal_Volume	Education_Years	Eczema_UKBS	Deep_Venous_Thrombosis_UKB
High_Light_Scatter_Reticulocyte_C ount	Bone_Mineral_Density	Sleep_Duration_UKB	Psoriasis_UKBS	Pulmonary_Embolism_UKB
Lymphocyte_Count	Height	Chronotype_UKB	Inflammatory_Bowel_Disease _UKBS	Asthma_UKB
Monocyte_Count	Crohns_Disease	Insomnia_UKB	Crohns_Disease_UKBS	Hayfever_UKB
Myeloid_White_Cell_Count	Inflammatory_Bowel_Disease	Fathers_Age_At_Death_UKB	Ulcerative_Colitis_UKBS	Epilepsy_UKB
Neutrophil_Count	Ulcerative_Colitis	Hypertension_UKBS	Rheumatoid_Arthritis_UKBS	Migraine_UKB
Platelet_Count	Alzheimers_Disease	Deep_Venous_Thrombosis_U KBS	Gout_UKBS	
Red_Blood_Cell_Count	Systemic_Lupus_Erythematosus	Asthma_UKBS	High_Cholesterol_UKBS	
Reticulocyte_Count	Chronotype	Irritable_Bowel_Syndrome_UK BS	Insomnia_UKBS	
Sum_Basophil_Neutrophil_Count	Sleep_Duration	Type_1_Diabetes_UKBS	Fluid_Intelligence_Score_UK B	
Sum_Eosinophil_Basophil_Count	Fasting_Glucose	Type_2_Diabetes_UKBS	Birth_Weight_UKB	
Sum_Neutrophil_Eosinophil_Count	Fasting_Insulin	Hyperthyroidism_UKBS	Neuroticism_UKB	
White_Blood_Cell_Count	CH2DB_NMR	Hypothyroidism_UKBS	BMI_UKB	
ER-negative_Breast_Cancer	HDL_Cholesterol_NMR	Psychological_Problem_UKBS	Body_Fat_Percentage_UKB	
ER-positive_Breast_Cancer	Triglycerides_NMR	Multiple_Sclerosis_UKBS	Balding_Pattern_2_UKB	
Breast_Cancer	LDL_Cholesterol_NMR	Parkinsons_Disease_UKBS	Balding_Pattern_3_UKB	
Coronary_Artery_Disease	Attention_Deficit_Hyperactivity_ Disorder	Migraine_UKBS	Balding_Pattern_4_UKB	
Insomnia_In_Both_Sexes	Schizophrenia	Schizophrenia_UKBS	Mothers_Age_At_Death_UKB	
Eczema	Rheumatoid_Arthritis	Osteoporosis_UKBS	Standing_Height_UKB	

Category of 87 GWAS traits

Digestive system disease	Allergy		
Endocrine system disease	Anthropometric		
Skeletal system disease	Cardiometabolic		
Morphology	Immune		
Aging	Psychiatric_neurologic		
Blood	Cancer		

Enrichments of the individual traits for iQTLs of neutrophil in blood and epithelial cell in transverse colon

 Neutrophil iQTLs in blood and epithelial cell iQTLs in transverse colon are the two cell types that had the largest number of ieQTLs



A significant shift toward higher enrichment for ieQTLs in blood

GWAS enrichment among

ieQTLs/isQTLs

- Filled circles indicate significant GWAS enrichment among ieQTLs at p < 0.05 (Bonferroni-corrected)
- One-sided, paired Wilcoxon rank sum test; P = 0.0026
- The higher ieQTL signal is absent in colon (P = 1)



A significant shift toward higher enrichment for isQTLs in blood

GWAS enrichment among

- Filled circles indicate significant GWAS enrichment among isQTLs at p < 0.05 (Bonferroni-corrected) ٠
- One-sided, paired Wilcoxon rank sum test; $P = 2.8 \times 10^{-05}$ ٠
- The higher isQTL signal is absent in colon (P = 0.13) ٠



Cell type–interaction QTLs yield new potential target genes for GWAS loci that are missed by standard QTLs

Cell type specificity plays a role in the GWAS locus



A colocalization between DHX58 was only identified through the corresponding myocyte but not the standard eQTL

• DHX58 in the left ventricle of the heart and an asthma GWAS



Another example: both the standard eQTL and the cell type ieQTL colocalize with the trait

• KREMEN1 in adipocytes in subcutaneous adipose tissue and a birth weight GWAS



Two analogous examples for isQTLs

- The epithelial cell isQTL for *CDHR5* in small intestine colocalized with eosinophil counts, whereas the standard sQTL did not
- Both the standard sQTL and myocyte isQTL for *ATP5SL* in the left ventricle of the heart colocalized with standing height



Summary

- The authors used *in silicon* cell type deconvolution methods to identify cell typeinteraction QTLs for expression and splicing by testing for interactions between genotype and cell type enrichment
- Cell type iQTLs are strongly enriched for tissue and cellular specificity and provide a finer resolution to tissue specificity than that of bulk cis-QTLs that are highly shared between tissues
- Cell type-interaction QTLs yield new potential target genes for GWAS loci that are missed by standard QTLs, and provide hypotheses for the cellular specificity of regulatory effects underlying complex traits

Cellular specificity of regulatory effects underlying complex traits





How to better integrate bulk RNA sequencing data and single-cell RNA sequencing data?





Discussion